

# **SODIUM FLUORIDE F 18- sodium fluoride f-18 injection**

## **Essential Isotopes LLC**

### **HIGHLIGHTS OF PRESCRIBING INFORMATION**

**These highlights do not include all the information needed to use Sodium Fluoride F 18 Injection USP safely and effectively. See full prescribing information for Sodium Fluoride F 18 Injection USP.**

### **SODIUMFLUORIDE F 18 INJECTION USP**

**For Intravenous Use**

**Initial U.S. Approval: 1/2011**

#### **INDICATIONS AND USAGE**

Sodium Fluoride F 18 Injection USP is a radioactive diagnostic agent for positron emission tomography (PET) indicated for imaging of bone to define areas of altered osteogenic activity (1).

#### **DOSAGE AND ADMINISTRATION**

- Sodium Fluoride F18 Injection USP emits radiation and must be handled with appropriate safety measures (2.1).
- Administer 300-450 MBq (8 to 12 mCi) as an intravenous injection in adults (2.4).
- Administer approximately 2.1 MBq/kg in children with a minimum of 19 MBq (0.5 mCi) and a maximum of 148 MBq (4 mCi) as an intravenous injection (2.5).
- Imaging can begin 1–2 hours after administration; optimally at one hour post administration (2.7).
- Encourage patients to void immediately prior to imaging the lumbar spine and bony pelvis (2.7).

#### **DOSAGE FORMS AND STRENGTHS**

Multiple-dose vial containing 370–7,400 MBq/mL (10–200 mCi/mL) at EOS reference time of no-carrier-added sodium fluoride F 18 in aqueous 0.9% sodium chloride solution (3). Sodium Fluoride F 18 Injection USP is a clear, colorless, sterile, pyrogen-free and preservative-free solution for intravenous administration.

#### **CONTRAINDICATIONS**

None (4).

#### **WARNINGS AND PRECAUTIONS**

- Allergic Reactions: As with any injectable drug product, allergic reactions and anaphylaxis may occur. Emergency resuscitation equipment and personnel should be immediately available (5.1).
- Cancer Risk: Sodium Fluoride F 18 Injection USP may increase the risk of cancer. Use the smallest dose necessary for imaging and ensure safe handling to protect the patient and health care worker (5.2).

#### **ADVERSE REACTIONS**

No adverse reactions have been reported for Sodium Fluoride F 18 Injection USP based on a review of the published literature, publicly available reference sources, and adverse drug reaction reporting systems (6).

**To report SUSPECTED ADVERSE REACTIONS, contact Essential Isotopes LLC at 1-573-882-0245 or FDA at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch).**

#### **USE IN SPECIFIC POPULATIONS**

- Pregnancy: No human or animal data. Any radiopharmaceutical, including Sodium Fluoride F18 injection USP, may cause fetal harm. Use only if clearly needed (8.1)
- Nursing: A decision should be made whether to interrupt nursing after Sodium Fluoride F 18 Injection USP administration or not to administer Sodium Fluoride F 18 Injection USP taking into consideration the importance of the drug to the mother.(8.3).
- Pediatrics: Children are more sensitive to radiation and may be at higher risk of cancer from Sodium Fluoride F 18 injection USP (8.4).

**See 17 for PATIENT COUNSELING INFORMATION.**

**Revised: 7/2014**

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\* Sections or subsections omitted from the full prescribing information are not listed.

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## **FULL PRESCRIBING INFORMATION**

### **1 INDICATIONS AND USAGE**

Sodium Fluoride F 18 Injection USP is indicated for diagnostic positron emission tomography (PET) imaging of bone to define areas of altered osteogenic activity.

### **2 DOSAGE AND ADMINISTRATION**

#### **2.1 Radiation Safety - Drug Handling**

- Wear waterproof gloves and effective shielding when handling Sodium Fluoride F 18 Injection USP. Use appropriate safety measures, including shielding, consistent with proper patient

management to avoid unnecessary radiation exposure to the patient, occupational workers, clinical personnel, and other persons.

- Radiopharmaceuticals should be used by or under the control of physicians who are qualified by specific training and experience in the safe use and handling of radionuclides, and whose experience and training have been approved by the appropriate governmental agency authorized to license the use of radionuclides.
- Use aseptic technique to maintain sterility during all operations involved in the manipulation and administration of Sodium Fluoride F 18 Injection USP.
- The dose of Sodium Fluoride F 18 Injection USP should be minimized consistent with the objectives of the procedure, and the nature of the radiation detection devices employed.
- The final dose for the patient should be calculated using proper decay factors from the time of EOS, and measured by a suitable radioactivity calibration system before administration [*Description (11.2)*].

## 2.2 Radiation Safety - Patient Preparation

- To minimize the radiation-absorbed dose to the bladder, encourage adequate hydration. Encourage the patient to ingest at least 500 mL of fluid immediately prior and subsequent to the administration of Sodium Fluoride F 18 Injection USP.
- Encourage the patient to void one-half hour after administration of Sodium Fluoride F 18 Injection USP and as frequently thereafter as possible for the next 12 hours.

## 2.3 Drug Preparation and Administration

- Calculate the necessary volume to administer based on calibration time and dose.
- Inspect Sodium Fluoride F 18 Injection USP visually for particulate matter and discoloration before administration, whenever solution and container permit.
- Do not administer Sodium Fluoride F 18 Injection USP containing particulate matter or discoloration; dispose of these unacceptable or unused preparations in a safe manner, in compliance with applicable regulations.
- Aseptically withdraw Sodium Fluoride F 18 Injection USP from its container.

## 2.4 Recommended Dose for Adults

Administer 300–450 MBq (8–12 mCi) as an intravenous injection.

## 2.5 Recommended Dose for Pediatric Patients

In reported clinical experience in approximately 100 children, weight based doses (2.1 MBq/kg) ranging from 19 MBq– 148 MBq (0.5 mCi - 4 mCi) were used.

## 2.6 Radiation Dosimetry

The age/weight-based estimated absorbed radiation doses (mGy/MBq) from intravenous injection of Sodium Fluoride F 18 Injection, USP are shown in Table 1. These estimates were calculated based on human data and using the data published by the Nuclear Regulatory Commission [1] and International Commission on Radiological Protection for Sodium Fluoride Injection [2]. The bone, bone marrow and urinary bladder are considered target and critical organs.

**Table 1: Estimated Absorbed Radiation Doses after Intravenous administration of Sodium Fluoride F 18 Injection**

Organ	Estimated Radiation Dose mGy/MBq				
	Adult 70 kg [1]	15 year 56.8 kg [2]	10 year 33.2 kg [2]	5 year 19.8 kg [2]	1 year 9.7 kg [2]
Adrenals	0.0062	0.012	0.018	0.028	0.052
Brain	0.0056	N/A	N/A	N/A	N/A

Bone surfaces		0.060	0.050	0.079	0.13	0.30
Breast		0.00028	0.0061	0.0097	0.015	0.030
GI	Gallbladder wall	0.0044	N/A	N/A	N/A	N/A
	Stomach wall	0.0038	0.008	0.013	0.019	0.036
	Small intestine	0.0066	0.012	0.018	0.028	0.052
	Upper large intestine wall	0.0058	0.010	0.016	0.026	0.046
	Lower large intestine wall	0.0012	0.016	0.025	0.037	0.063
Heart wall		0.0039	N/A	N/A	N/A	N/A
Kidneys		0.019	0.025	0.036	0.053	0.097
Liver		0.0040	0.0084	0.013	0.021	0.039
Lungs		0.0041	0.0084	0.013	0.020	0.039
Muscle		0.0060	N/A	N/A	N/A	N/A
Ovaries		0.011	0.016	0.023	0.036	0.063
Pancreas		0.0048	0.0096	0.015	0.023	0.044
Red marrow		0.028	0.053	0.088	0.18	0.38
Skin		0.0040	N/A	N/A	N/A	N/A
Spleen		0.0042	0.0088	0.014	0.021	0.041
Testes		0.0078	0.013	0.021	0.033	0.062
Thymus		0.0035	N/A	N/A	N/A	N/A
Thyroid		0.0044	0.0084	0.013	0.020	0.036
Urinary bladder wall		0.25	0.27	0.4	0.61	1.1
Uterus		0.019	0.023	0.037	0.057	0.099
Other tissue		NA	0.010	0.015	0.024	0.044
<b>Effective Dose Equivalent (mSv/MBq)</b>		<b>0.027</b>	<b>0.034</b>	<b>0.052</b>	<b>0.086</b>	<b>0.17</b>

[1] Data from Nuclear Regulatory Commission Report, *Radiation Dose Estimates for Radiopharmaceuticals*, NUREG/CR-6345, page 10, 1996.

[2] Data from ICRP publication 53, *Radiation Dose to Patients from Radiopharmaceuticals*, Ann ICRP, Volume 18, pages 15 and 74, 1987.

## 2.7 Imaging Guidelines

- Imaging of Sodium Fluoride F 18 Injection USP can begin 1–2 hours after administration; optimally at 1 hour post administration.
- Encourage the patient to void immediately prior to imaging the fluoride F18 radioactivity in the lumbar spine or bony pelvis.

## 3 DOSAGE FORMS AND STRENGTHS

Multiple-dose vial containing 370-7,400 MBq/mL (10-200 mCi/mL) at EOS reference time of no-carrier-added sodium fluoride F18 in aqueous 0.9% sodium chloride solution. Sodium Fluoride F 18 Injection USP is a clear, colorless, sterile, pyrogen-free and preservative-free solution for intravenous administration.

## 4 CONTRAINDICATIONS

None.

## 5 WARNINGS AND PRECAUTIONS

## **5.1 Allergic Reactions**

As with any injectable drug product, allergic reactions and anaphylaxis may occur. Emergency resuscitation equipment and personnel should be immediately available.

## **5.2 Radiation Risks**

Sodium Fluoride F 18 Injection USP may increase the risk of cancer. Carcinogenic and mutagenic studies with Sodium Fluoride F18 injection USP have not been performed. Use the smallest dose necessary for imaging and ensure safe handling to protect the patient and health care worker [*see Dosage and Administration (2.1)*].

## **6 ADVERSE REACTIONS**

No adverse reactions have been reported for Sodium Fluoride F 18 Injection USP based on a review of the published literature, publicly available reference sources, and adverse drug reaction reporting systems. However, the completeness of these sources is not known.

## **7 DRUG INTERACTIONS**

The possibility of interactions of Sodium Fluoride F 18 Injection USP with other drugs taken by patients undergoing PET imaging has not been studied.

## **8 USE IN SPECIFIC POPULATIONS**

### **8.1 Pregnancy**

#### **Pregnancy Category C**

Any radiopharmaceutical including Sodium Fluoride F18 Injection USP has a potential to cause fetal harm. The likelihood of fetal harm depends on the stage of fetal development, and the radionuclide dose. Animal reproduction studies have not been conducted with Sodium Fluoride F 18 Injection USP. Prior to the administration of Sodium Fluoride F 18 Injection USP to women of childbearing potential, assess for presence of pregnancy. Sodium Fluoride F 18 Injection USP should be given to a pregnant woman only if clearly needed.

### **8.3 Nursing Mothers**

It is not known whether Sodium Fluoride F 18 Injection USP is excreted into human milk. Because many drugs are excreted in human milk and because of the potential for serious adverse reactions in nursing infants, a decision should be made whether to interrupt nursing after administration of Sodium Fluoride F 18 Injection USP or not to administer Sodium Fluoride F 18 Injection USP, taking into account the importance of the drug to the mother. The body of scientific information related to radioactivity decay, drug tissue distribution and drug elimination shows that less than 0.01% of the radioactivity administered remains in the body after 24 hours (10 half-lives). To minimize the risks to a nursing infant, interrupt nursing for at least 24 hours.

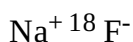
### **8.4 Pediatric Use**

In reported clinical experience in approximately 100 children, weight based doses (2.1 MBq/kg) ranging from 19 MBq – 148 MBq (0.5 mCi - 4 mCi) were used. Sodium Fluoride F18 was shown to localize to areas of bone turnover including rapidly growing epiphyses in developing long bones. Children are more sensitive to radiation and may be at higher risk of cancer from Sodium Fluoride F18 injection USP.

## 11 DESCRIPTION

### 11.1 Chemical Characteristics

Sodium Fluoride F 18 Injection USP is a positron emitting radiopharmaceutical, containing no-carrier-added, radioactive fluoride F 18 that is used for diagnostic purposes in conjunction with PET imaging. It is administered by intravenous injection. The active ingredient, sodium fluoride F 18, has the molecular formula  $\text{Na}^{+}\text{F}^{-}$  with a molecular weight of 40.99, and has the following chemical structure:



Sodium Fluoride F 18 Injection USP is provided as a ready-to-use, isotonic, sterile, pyrogen-free, preservative-free, clear and colorless solution. Each mL of the solution contains between 370 MBq to 7,400 MBq (10 mCi to 200 mCi) sodium fluoride F 18, at the EOS reference time, in 0.9% aqueous sodium chloride. The pH of the solution is between 4.5 and 8. The solution is presented in 30 mL multiple-dose glass vials with variable total volume and total radioactivity in each vial.

### 11.2 Physical Characteristics

Fluoride F 18 decays by positron ( $\beta^{+}$ ) emission and has a half-life of 109.7 minutes. Ninety-seven percent of the decay results in emission of a positron with a maximum energy of 633 keV and 3% of the decay results in electron capture with subsequent emission of characteristic X-rays of oxygen. The principal photons useful for diagnostic imaging are the 511 keV gamma photons, resulting from the interaction of the emitted positron with an electron (Table 2). Fluorine F 18 atom decays to stable  $^{18}\text{O}$ -oxygen.

**Table 2: Principal Emission Data for Fluoride F 18**

Radiation/Emission	% per Disintegration	Mean Energy
Positron ( $\beta^{+}$ )	96.73	249.8 keV
Gamma ( $\pm$ )*	193.46	511.0 keV

\* Produced by positron annihilation

[3] Kocher, D.C. Radioactive Decay Data Tables DOE/TIC-11026, 69, 1981.

The specific gamma ray constant (point source air kerma coefficient) for fluoride F18 is 5.7 R/hr/mCi ( $1.35 \times 10^{-6}$  Gy/hr/kBq) at 1 cm. The half-value layer (HVL) for the 511 keV photons is 4 mm lead (Pb). A range of values for the attenuation of radiation results from the interposition of various thickness of Pb. The range of attenuation coefficients for this radionuclide is shown in Table 3. For example, the interposition of an 8 mm thickness of Pb with a coefficient of attenuation of 0.25 will decrease the external radiation by 75%.

**Table 3: Radiation Attenuation of 511 keV Photons by Lead (Pb) Shielding**

Shield Thickness (Pb) mm	Coefficient of Attenuation
0	0.00
4	0.50
8	0.25
13	0.10
26	0.01
39	0.001
52	0.0001

Table 4 lists the fraction of radioactivity remaining at selected time intervals from the calibration time. This information may be used to correct for physical decay of the radionuclide.

**Table 4: Physical Decay Chart for Fluoride F 18**

<b>Time Since Calibration</b>	<b>Fraction Remaining</b>
0*	1.00
15 minutes	0.909
30 minutes	0.826
60 minutes	0.683
110 minutes	0.500
220 minutes	0.250
440 minutes	0.060
12 hours	0.011
24 hours	0.0001

\* Calibration time

## **12 CLINICAL PHARMACOLOGY**

### **12.1 Mechanism of Action**

Fluoride F 18 ion normally accumulates in the skeleton in an even fashion, with greater deposition in the axial skeleton (e.g. vertebrae and pelvis) than in the appendicular skeleton and greater deposition in the bones around joints than in the shafts of long bones.

### **12.2 Pharmacodynamics**

Increased fluoride F18 ion deposition in bone can occur in areas of increased osteogenic activity during growth, infection, malignancy (primary or metastatic) following trauma, or inflammation of bone.

### **12.3 Pharmacokinetics**

After intravenous administration, fluoride F 18 ion is rapidly cleared from the plasma in a biexponential manner. The first phase has a half-life of 0.4 h, and the second phase has a half-life of 2.6 h. Essentially all the fluoride F 18 that is delivered to bone by the blood is retained in the bone. One hour after administration of fluoride F 18 only about 10% of the injected dose remains in the blood. Fluoride F 18 diffuses through capillaries into bone extracellular fluid space, where it becomes bound by chemisorption at the surface of bone crystals, preferentially at sites of newly mineralizing bone.

Deposition of fluoride F 18 in bone appears to be primarily a function of blood flow to the bone and the efficiency of the bone in extracting the fluoride F 18. Fluoride F 18 does not appear to be bound to serum proteins.

In patients with normal renal function, 20% or more of the fluorine ion is cleared from the body in the urine within the first 2 hours after intravenous administration.

## **13 NONCLINICAL TOXICOLOGY**

### **13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility**

Studies to assess reproductive toxicity, mutagenesis and carcinogenesis potential of Sodium Fluoride F 18 Injection USP have not been performed.

## **14 CLINICAL STUDIES**

### **14.1 Metastatic Bone Disease**

The doses used in reported studies ranged from 2.7 mCi to 20 mCi (100 MBq to 740 MBq), with an

average median dose of 10 mCi (370 MBq) and an average mean dose of 9.2 mCi (340 MBq). In PET imaging of bone metastases with Sodium Fluoride F 18 Injection USP, focally increased tracer uptake is seen in both osteolytic and osteoblastic bone lesions. Negative PET imaging results with Sodium Fluoride F 18 Injection USP do not preclude the diagnosis of bone metastases. Also, as benign bone lesions are also detected by Sodium Fluoride F 18 Injection USP, positive PET imaging results cannot replace biopsy to confirm a diagnosis of cancer.

## **14.2 Other Bone Disorders**

The doses used in reported studies ranged from 2.43 mCi to 15 mCi (90 MBq to 555 MBq), with an average median dose of 8.0 mCi (300 MBq) and an average mean dose of 7.6 mCi (280 MBq).

## **15 REFERENCES**

1. Stabin, M.G., Stubbs, J.B. and Toohey R.E., *Radiation Dose Estimates for Radiopharmaceuticals*, U.S. Nuclear Regulatory Commission report NUREG/CR-6345, page 10, 1996.
2. *Radiation Dose to Patients from Radiopharmaceuticals*, ICRP publication 53, Ann ICRP, 18 pages 15 and 74, 1987.
3. Kocher, D.C., "Radioactive Decay Data Tables: A Handbook of decay data for application to radiation dosimetry and radiological assessments" DOE/TIC-11026, page 69, 1981.

## **16 HOW SUPPLIED/STORAGE AND HANDLING**

Sodium Fluoride F 18 Injection USP is supplied in a multiple-dose Type I glass vial with (elastomeric) stopper and aluminum crimp seal containing between 370 and 7,400 MBq/mL (10-200 mCi/mL) of no-carrier-added sodium fluoride F 18, at the EOS reference time, in aqueous 0.9% sodium chloride solution. The total volume and total radioactivity per vial are variable. Each vial is enclosed in a shielding container of appropriate thickness.

The product is available in a 30 mL vial configuration with a variable fill volume. The NDC number is: 51760-002-30 (30 mL)

### **Storage**

Store at 25°C (77°F); excursions permitted to 15–30°C (59–86°F). Use the solution within 12 hours of the EOS reference time.

### **Handling**

Receipt, transfer, handling, possession, or use of this product is subject to the radioactive material regulations and licensing requirements of the U.S. Nuclear Regulatory Commission, Agreement States or Licensing States as appropriate.

## **17 PATIENT COUNSELING INFORMATION**

### **17.1 Pre-study Hydration**

Encourage patients to drink at least 500 mL of water prior to drug administration.


### **17.2 Post-study Voiding**

To help protect themselves and others in their environment, patients should take the following precautions for 12 hours after injection: whenever possible, use a toilet and flush several times after each use; wash hands thoroughly after each voiding or fecal elimination. If blood, urine or feces soil clothing, wash the clothing separately.

Manufactured & Distributed by:

Essential Isotopes LLC  
1513 Research Park Dr.  
Columbia, MO 65211

### Product Container Label

<b>Sodium Fluoride F 18 Injection USP</b>  “10-200 mCi/mL at End of Synthesis (EOS)” Diagnostic for Intravenous Use Only Sterile, Non-pyrogenic  Batch#: _____ EOS Date: _____ EOS Time: _____ Activity @ EOS _____ mCi Volume: _____ mL Concentration: _____ mCi/mL Exp. Date: _____ Exp. Time: _____	<b>NDC# 51760-002-30</b> Each mL Contains 0.37 to 7.4 GBq (10 to 200 mCi) of no carrier added sodium [F 18] fluoride in aqueous 0.9% Sodium chloride solution at EOS. Use within 12 hours of EOS  Do not use if cloudy or contains particulate matter. Calculate correct dosage from date and time of calibration, <sup>18</sup> F half-life = 109.7 min. Manufactured by Essential Isotopes, LLC Columbia, MO 65211  Rx Only	<b>30 mL Multiple-Dose Vial</b> Store at 25°C (77°F), excursions permitted to 15-30°C (59-86°F) [see USP controlled room temperature]. Store upright in a shielded container. Aseptically withdraw and handle doses.  
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## SODIUM FLUORIDE F 18

sodium fluoride f-18 injection

### Product Information

Product Type	HUMAN PRESCRIPTION DRUG	Item Code (Source)	NDC:51760-002
Route of Administration	INTRAVENOUS	DEA Schedule	

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
SODIUM FLUORIDE F-18 (UNII: 9L75099X6R) (FLUORIDE ION F-18 - UNII: 4M4WE5N2GE)	FLUORIDE ION F-18	200 mCi in 1 mL

### Inactive Ingredients

Ingredient Name	Strength
SODIUM CHLORIDE (UNII: 451W47IQ8X)	

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:51760-002-30	30 mL in 1 VIAL, GLASS		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
ANDA	ANDA204541	01/01/2011	

**Labeler** - Essential Isotopes LLC (010753961)

## Establishment

Name	Address	ID/FEI	Business Operations
Essential Isotopes LLC		010753961	positron emission tomography drug production(51760-002)

Revised: 7/2014

Essential Isotopes LLC